SACRED HEART PARISH



Sunday 7th September 2025 23rd Sunday in Ordinary Time

Priest: Kieran C.P. **Deacon: Joe Baxter**



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543 Hours open: 9am-2pm, Mon-Fri. Parish Secretary: Cathy Carroll Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: https://www.sacredheartparishbelfast.com Webcam: https://www.sacredheartparishbelfast.com/Webcam

~Mass Times~

Saturday: 11.00am: Healing Mass

12.00pm: Catherine (Kate) Ferris RIP, Funeral Mass Saturday: Saturday Vigil: Maura & Tommy Roscoe, Anniversary Mass 6.00pm:

9:30am: Benoy Augustine, Anniversary Mass Sunday Masses: 11:30am: Marie Scallan, Anniversary Mass

Monday 10:00am: Please note: there is no Monday Mass until further notice Weekday Masses:

> Tuesday 7:00pm: Novena: Martin Reid, 1st Anniversary Mass Wednesday 10:00am: Michael O'Neil, 1st Anniversary Mass

Thursday 10:00am: Friday 10:00am

Confessions & Adoration: Saturday: 5:00pm - 5.45pm.

~Upcoming Feast Days~

Thank You For Your Generosity

Divine Mercy Prayer Group: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm. From September, parents will be required to attending a baptismal course and a £50 voluntary donation will be required to book a baptism. Please contact the parish office to arrange a baptism.

~Anniversaries~

9th September, St Ciaran 10th September, St Peter Claver 12th September, St Ailbe	Christine Donnelly (nee Burns) Paddy McKenna Jemma McNally Peggy Lovett Eternal rest grant unto them, O Lord	Catherine Trias (Mother of Fr Frank CP) Brian Mullan Catherine (Kate) Ferris Kevin Burrows Rita Donnelly Jerry Smyth Kevin Wylie
~Weekly Collection~ £1867.69	∼Sanctuary Candles∼ Barney Saunders Annie Strong Agnes Teer	

Annie Brady Thomas McCrudden Rose McCabe

A Donation of £5 per candle is greatly appreciated

~Recently Deceased~

Rosina Lowry

Eternal rest grant unto them, O Lord

~A Spiritual Communion~

Jesus, I believe that you are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God. (Micah 6:8)

DATES FOR YOUR DIARY

Carlo Acutis will be canonised by Pope Leo on Sunday, making him the first ever millennial Saint. Carlo, whose Italian family moved to Milan months after his birth in 1991, dedicated his short life to Catholicism, and died of leukaemia in 2006 aged 15. Pope Francis took Carlo's case through many of the stages necessary to reach sainthood, and now his successor Pope Leo will hold the long-awaited canonisation ceremony in St Peter's Square on 7th September. Carlo's life was characterized by a remarkable integration of faith and reason. Despite his young age, he exhibited an exceptional intellect and a keen interest in understanding the mysteries of technology and Catholicism. He spent many hours honing his skills as a computer programmer while remaining committed to prayer and devotion. At the age of seven, Carlo began participating in daily Mass and developed a deep love for the Eucharist. "My secret is to contact Jesus every day," he said. He also prayed the rosary often, demonstrating his profound devotion to Jesus' Mother, the Blessed Virgin Mary.



Men's Jubilee Camino. Men's hike - Sat Sept 13th. 20kms on greenway, from Dominican Abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/. €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com

The 'Walk the cross' Eucharistic Procession. Starting at St Michael's Church, Finaghy. Sunday 14th September at 4.30pm. Processing with Jesus to Saint Peter's Cathedral. Holy Mass at 6.00 pm followed by Benediction and Anointing of the sick. Unite your cross with the cross of Christ and unite your Heart to his Eucharistic Heartbeat. For further information please visit walkthecross.ie

Sacred Story, Modern Myth: Praying with Pop Culture. Saturday 13th September, 10am—4pm, Belfast Jesuit Centre, 193–195 Donegall Street, Belfast. Can your favourite film, song or story become a doorway to prayer? Join Ignatian author Eric Clayton for a creative, reflective day exploring how pop culture can help us find God in all things. Drawing on the Spiritual Exercises and the hero's journey, Eric will guide us through personal prayer, storytelling, and group reflection—inviting us to see our own lives as sacred stories. Whether you are just curious, or an avid fan of music, poetry, art, film, literature, or all of the above, this is a day for you. To register, visit: https://belfastjesuitcentre.co.uk/sacred-story-modern-myth-praying-with-pop-culture/

Jesuits & Jedi: What Star Wars Teaches Us About Our Spiritual Journeys. Friday, 12th September 7pm-9pm. Belfast Jesuit Centre 193–195 Donegall Street, Belfast. Suggested Donation: £10pp. Join Eric A. Clayton, award-winning author of "My Life with the Jedi", for a unique evening exploring the spiritual wisdom of Star Wars through the lens of Ignatian spirituality. Whether you're wrestling with your own dark side or seeking balance in the Force, this workshop will offer tools for reflection, healing, and deeper faith. To register, visit: https://belfastjesuitcentre.co.uk/jesuits-jedi-what-star-wars-teaches-us-about-our-spiritual-journeys/

Word Alive -Ecumenical Readers' Training. Ever wondered how to bring Scripture to life when you read it aloud? Join us for a transformative evening of training designed for church readers- and anyone who loves the spoken Word! Focus Text: The Book of Amos - we'll explore the prophetic voice of Amos using Richard Rohr's contemplative approach from The Tears of Things, learning how to read with both heart and voice. Thu 18 Sept, 7pm, Belfast Jesuit Centre, Donegall St. To register visit: https://belfastjesuitcentre.co.uk/word-alive-ecumenical-readers-training/

Belfast Stories. Join us at a session to discuss the Belfast Stories project with the Christian Faith Community. Tuesday 16th September, 7pm-8.30pm, May Street, Belfast. RSVP to BelfastStories@BelfastCity.gov.uk. At these initial sessions we are interested in understanding the stories people would like to tell and what's important to them.

Recharge is a young adult group based in St Colmcille's Church in East Belfast for 18 to 35 year olds. We meet twice a month to "recharge" our spiritual batteries through prayer, intellectual formation and friendship. All are welcome! Dates for your diary for September: Tuesday 16th September: Group Study - Growing in Prayer.

St Agnes' Choral Society presents the Irish amateur premiere of the hit musical, Come From Away, Lyric Theatre, 4-15th September. A true story filled with hope, humanity, and heart, telling how a small town in Newfoundland welcomed stranded airline passengers in the wake of 9/11. Uplifting, moving, and full of joyful music. Book now at lyrictheatre.co.uk or call 028 9038 1081

Legion of Mary. Monday 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday, New Lodge Grotto, Rosary.

Chatty Café. Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222

Al-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee